



Internship Placement Profile: 8-Week Internship in Barcelona Women in Leadership

Program Overview

This 8-week internship program is designed for American university students who are passionate about gender equity, inclusive leadership, and women's empowerment. Interns will work in organizations focused on advancing women in business, education, policy, and entrepreneurship - which could include NGOs, startups, social enterprises, or advocacy networks. Through meaningful project work, mentorship, and curated learning experiences, students will explore what it means to lead with purpose and impact in diverse global settings, while supporting women as leaders.

Language

- English (basic knowledge of Spanish helpful, but not required)

Internship Structure

- **Duration:** 8 weeks
- **Location:** Barcelona, Spain
- **Work Schedule:** 6-8 hours per day, Monday to Thursday. The schedule for an 8 hours per day placement would be 9:00 AM – 5:00 PM Mon-Thurs with a 1-hour lunch break. If your placement is fewer hours per week, your schedule would be adjusted accordingly.
- **Total Hours:** 180-240
- **Academic Credits:** To receive transfer credit, you must obtain pre-approval from your home institution. Start by asking your study abroad advisor at your home institution for details, and feel free to [contact ASA](#) with any questions.



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- **Requirements:** Please see Requirements list at end of this document
 - Unpaid
 - **Work Environment:** NGOs, advocacy organizations, gender policy groups, social enterprises, or innovation hubs
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What Students Will Gain

- Deeper understanding of gender dynamics and inclusive leadership in the workplace
- Global awareness and intercultural sensitivity
- Practical skills in communication, research, project planning, and event support
- Increased self-confidence, clarity of purpose, and professional growth
- See also: Learning Objectives

Learning Objectives

By the end of the internship, students will:

- ✓ Understand the challenges and opportunities in advancing gender equity globally
 - ✓ Learn how local and international organizations empower women in business, education, and civic spaces
 - ✓ Gain project-based experience in communications, research, community outreach, or event coordination
 - ✓ Develop leadership, intercultural communication, and advocacy skills
 - ✓ Reflect on their personal leadership style and values through mentorship and peer engagement
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Internship Breakdown

Week 1 – Orientation & Organizational Integration

- Introduction to the host organization's mission, current projects, and team



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- Training on gender-sensitive language, inclusive leadership practices, and intersectional feminism
 - Goal-setting and defining intern responsibilities
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Weeks 2–4 – Project-Based Learning & Research

Tasks & Activities May Include:

- Conducting research for reports or campaigns on women's issues (e.g., pay equity, entrepreneurship, reproductive rights, education access)
 - Drafting blog posts, toolkits, or resource materials for empowerment initiatives
 - Assisting with event planning (e.g., conferences, networking sessions, awareness days)
 - Interviewing local leaders or community members for digital storytelling projects
 - Supporting social media, digital strategy, and outreach efforts to amplify women's voices
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Weeks 5–8 – Leadership Reflection & Community Engagement

Tasks & Activities May Include:

- Designing or contributing to a community impact project or gender equity campaign
 - Attending internal leadership meetings, brainstorming sessions, or stakeholder presentations
 - Creating a "Leadership Reflection Portfolio" that combines observations, lessons learned, and personal development
 - Supporting youth empowerment, mentoring programs, or civic education workshops
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Supervision and Mentoring

- **Assigned Mentor:** A female leader or DEI (Diversity, Equity & Inclusion) coordinator will supervise and mentor the student
 - **Mentorship Check-ins:** Bi-weekly mentoring sessions to discuss challenges, career goals, and leadership growth
 - **Optional Peer Mentoring:** Group discussions with other interns on lived experiences, confidence building, and assertive communication
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Assessment and Feedback

- **Midpoint Evaluation:** Review of progress on internship tasks and leadership skills development
 - **Final Evaluation:** Submission of a Leadership Reflection Portfolio and final debriefing with mentor and program provider
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Complementary Learning Activities

To enhance your internship experience and provide broader insight into your field, the program will include 2-4 activities outside of work hours that complement your internship. Examples include:*

Workshop – “Leading with Purpose: Women in Global Leadership”

- Facilitated by a local businesswoman, policy expert, or academic
- Discussion on leadership traits, intersectionality, and challenges women face in male-dominated sectors

Roundtable with Female Entrepreneurs & Advocates

- Visit to a coworking space or female-led startup



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- Learn how local leaders launched their own initiatives and balanced leadership with social impact

Guided Visit – Women’s History in Barcelona

- Explore key moments in Catalan women’s history, visiting feminist monuments, exhibitions, and women’s rights organizations

Networking Brunch – Women in Business & Policy

- Connect with professionals from sectors such as government, law, journalism, and non-profits
- Learn about career opportunities and leadership pathways across fields

**Example activities shown here. Activities may vary based on availability.*

Requirements

- Minimum GPA 2.70 (Applicants with GPA between 2.60-2.69 will be considered on a case-by-case basis)
- 19 years of age, by the time the program starts
- Must have completed at least 2 semesters (minimum 24 credits) at a U.S. or Canadian college, university, or community college before the program starts
- Résumé or CV
- Cover Letter describing your motivation and interest in this specific placement (1-2 pages)
- Unofficial transcript from your college or university
- [Internship Questionnaire](#)
- Optional for GPA 2.70 or higher: Academic or professional recommendation letter
- Required for GPA 2.60-2.69: Academic or professional recommendation letter